



VISION THERAPY

PERFORMANCE CENTER

In collaboration
with



When it comes to learning,

Is there a missing piece to the puzzle?

If you or your child are experiencing any of these symptoms, he or she should be evaluated by an optometrist who specializes in vision therapy.

Please check all symptoms that apply:

- Blurred vision at near.
- Double Vision.
- Headaches associated with near work.
- Words move or run together when reading.
- Vision is worse at the end of the day.
- Skipping or re-reading.
- Dizziness or nausea associated with reading.
- Difficulty copying from the board.
- Avoiding reading or near work.
- Misaligning digits in columns of numbers.
- Inconsistent or poor sports performance.
- Head close to paper when reading.
- Short attention span.
- Difficulty with hand tools, scissors, pencil (hand/eye coordination).
- Reversal when reading or when writing.
- Difficulty viewing 3D movies/TV.
- Poor reading comprehension.

Other concerns:



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What Is Vision Therapy?

Vision therapy is a type of physical therapy for the eyes and brain. It is a highly effective non-surgical treatment for many common visual problems found in children and adults.

Depending on the case, vision therapy procedures are prescribed to:

- Help patients develop or improve fundamental visual skills and reading performance.
- Improve visual comfort, relieve eye strain, headaches and double vision.
- Change how a patient processes or interprets visual information.

What to Expect

- One-on-one sessions with a trained vision therapist.
- Individualized in-office therapy 1-2 times per week.
- Periodic progress evaluations monitored by the doctor.

The Struggle is Real

If your child, yourself or someone you know has difficulty learning, chances are they may have a vision-related learning problem. Please call us for an evaluation to determine if vision therapy may help.

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